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| Jerry Meaney (074-74321064)  Jerrymeaney91@gmail.com  Apartment 7, Mercury house  Heathcroft, Ealing  W5 3bf |  |

I am 22 finished college in WIT doing sport and recreation, in which I graduated with honors. In the last four years all the work I have done is with children either summer camps and coaching or as a physical trainer for special populations like the elderly or post-polio patients at which I worked full time while I coached on the weekends and nights.

*Education*

2009-2012|sport and recreation management level 7 (bachelor degree)

2012-2013 | sport and recreation management level 8 (Honors degree)

*Waterford institute of technology*

* GAA foundation courses both football and hurling
* Qualified to work as a physical trainer and soccer coach.
* Code of ethics
* First aid
* Garda vetted (CRB cleared)
* [Fitness Instructor, Group Fitness Instructor and Personal Training](http://www.linkedin.com/search?search=&keywords=Fitness+Instructor%2C+Group+Fitness+Instructor+and+Personal+Training&sortCriteria=R&keepFacets=true&goback=%2Enmp_*1_*1_*1_*1_*1_*1_*1_*1_*1_*1_*1)-European Health and Fitness Accreditation.
* Weightfting Ireland Level 1 Coach from Weightlifting Ireland
* • Kick start 1 (soccer FA 1)

• Kick start 2(Soccer FA 2)

***Experience***

June 2007 – September 2007 | ROWA pharmaceutical company.

June 2008 – September 2008 | O Donovan’s garage.

June 2009 – September 2009 | Summer camps in Dunmanway and Ballineen

**January 2010 – march 2010 | work exp. With Waterford bowl and kid zone**

June 2010 – September 2010 6 different summer camps.

June 2011 – September 2011| 8 Different summer camps.

**February 2010 – March 11th 2014| Bay rovers FC coach.**

**September 2013 – March 11th 2014 | Siel Bleu Physical Trainer**

*Skills*

**The skills that I have acquired from my previous experiences are**

* Punctuality and attention to detail from my time at ROWA.
* Marketing Experience and dealing with customers from my time at Waterford bowl and Kidzone.
* Dealing with children and training a variety of sports from the summer camps all over.
* Knowledge of a verity of games and drills which is useful when training children.
* I can coach underage soccer at both a novice and elite level but I do prefer elite. In which I have kick start 1 and kick start 2 done, and am currently working on my youth cert.
* Fitness Instructor from European Health and Fitness Association

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**BANTRY BAY ROVERS AFC**

**Lisheens Kealkil Bantry Co.Cork**

Info@[**www.bantrybayrovers.com**](http://www.bantrybayrovers.com)

**Character Reference: Jeremiah Meaney Date: 27-Nov-2013**

To whom it may concern,

Jeremiah Meaney has been coaching soccer at Bantry Bay Rovers for the past three seasons.

In his role as coach, he works with several of the underage team groups: U10, U9, U8, U7 and players as young as 5 years.

Over the past three seasons not only has Jeremiah developed but also there is clear evidence the teams he coaches has also.

Jeremiah has developed skills in such areas as Co-ordinating, Communication, Identification and evaluation of participant’s abilities and needs, and is aware of need for adaptability.

The content of his training session incorporate fundamental movement skills, utilising Co-ordination, balance, speed, agility, power and reaction time of which are made enjoyable fully inclusive and developmental to all participants involved.

He is a trusted and valued member of the coaching staff and is well looked upon and respected by his colleagues, the teams he coaches and their parents.

Jeremiah is also very aware of protocol, policy and procedures and is confidential in his approach to working with underage.

He also facilitates fitness coaching and conditioning with some of the youth sides at the club, which have been highly beneficial to the teams that were involved in his programme.

He is developmental in his approach and I would not hesitate in offering a character reference as he would be a great addition to any side he coached or managed I would highly recommend him and thank him for the fantastic work he has done for this club.

If you would like further info please do not hesitate to contact me on (00353)871374506.

Regards

Mark Gaffney

(Underage Development Officer)

 06.03.2014

Re.: Reference Jerry Meaney

Dear Madam, dear Sir,

I am writing to you on behalf of Jerry Meaney. Jerry worked for Siel Bleu from September 2013 to March 2014 as a physical trainer.

Siel Bleu is a non-profit organization which specializes in the provision of Adapted Physical Activities for older and vulnerable adults with the aim to increase health and well-being, social inclusion and independence and to prevent and postpone age-related injuries and decline.

Jerry shares the fundamental belief that with the use of Adapted Physical Activities all members in society regardless of age and health status can increase and maintain their quality of life. In addition to that he has respect for the individuals who partake in our service and is committed to ensuring that each person can receive the programme that is best suited for them.

Jerry was a great asset to our organization as he not only brought the knowledge he has gained throughout his studies and work experience to his role, but was also eager to learn more about the various aspects of the organization and the service we provide. As such he used the latest research findings to continuously improve our individualised programmes.

Jerry is a very open person and fitted well into our team. He understands our clients’ needs and has a natural approach to working with older adults or those who might be suffering from a chronic illness or disability.

In his role, Jerry not only had the responsibility to design, provide and evaluate the exercise programmes, but also to promote these within the community and help change adults to move from a more sedentary to active lifestyle. As such he has held talks to promote our cause and has presented to different stakeholders in the sector.

In his role Jerry had to work independently and removed from the head office in Dublin, but he liaised with Siel Bleu on a regular basis, sent weekly reports and incorporated the input he received into his work. He was very organized in his approach, very professional and reliable.

Sincerely,

Fiona Foley

CEO Siel Bleu Ireland